



Inexpensive Hobbies to Try with Friends

Hobbies are wonderful for our health and mental well-being. According to the [Verywell Mind](#), hobbies are practically necessary for a healthy lifestyle due to their strong stress-reduction ability. Generally, everyone has fun practicing a hobby that they love, which can be wonderful for your stress levels and help you unwind after a busy day. Plus, when you learn and enjoy hobbies with friends, they provide a great outlet for social interaction, which is also important for our health. In fact, the [New York Times](#) reported that spending time with friends and socializing can be great for your health. Combining friends and hobbies almost seems like a no-brainer. However, it can be difficult to figure out exactly which hobbies are best for friends, so here are some ideas to get you started.

Golf

Golf has been described as a [“real-life” social network](#) for a good reason. Golf is naturally social and best enjoyed with a group of friends, which makes it a great option if you’re looking for a hobby that allows you to bring lots of friends with you. It has a pretty laid-back atmosphere with just enough competition to keep it interesting. Plus, all the physical exercise of walking from hole to hole is great for your physical and mental health.

If you need new golf equipment to get started, you can keep costs down pretty easily by searching for promo codes and coupons to use online and in store. [Golf.com](#) also mentions buying used clubs and fixing them up with new grips, which can save you lots of money.

Playing an Instrument

The [benefits of learning](#) to play an instrument cannot be over-discussed, even for adults. Playing an instrument has been shown to decrease age-related disorders in seniors and can even boost brain and hearing function in those of all ages. While it is a common misconception that only children can readily learn to play an instrument, adults can absolutely learn as well. It doesn’t matter your age or previous experience; learning to play an instrument can be great for your health, tons of fun, and a perfect hobby to try with your friends.

Plus, learning to play an instrument does not have to be expensive. There are tons of inexpensive (and even free) online [options](#) for learning to play an instrument. With so many tutorials and online programs, it is relatively easy to find something that fits your needs. The instrument itself doesn't have to be expensive either; with the option of [renting an instrument](#) online or through a local supplier, you can keep costs extremely low. You might even be able to save money by using discounts or promos when purchasing an instrument.

Sewing

If you like working with your hands, [sewing](#) might be something you want to look into. Sadly, sewing is a dying art. With the ability to simply go to the store and buy a new pair of jeans, whole generations have forgotten how to sew and repair the jeans that they already have. Sewing allows you to customize your home décor like no other hobby, save that favorite pair of shorts from the trash, and save tons of money on buying new clothes every year. Plus, while your hands are busy, your mouth can get busy as well and strike up all sorts of conversations with your sewing partners. Many people report that sewing loosens them up and makes the conversation flow more easily, which makes this hobby particularly good for those who have a hard time socializing for whatever reason. It's also something that can easily be done virtually, with everyone working on their own project while participating in a group Zoom or FaceTime.

From Hobby to Hustle and Beyond

Hobbies often are our escape away from the doldrums of daily life, socialize with friends, and not much more. But if you and your friends are looking for ways to supplement your income with a side hustle, it may be time to consider moving your hobby off the kitchen table and out of the garage. Of course, you'll need to make sure your passion project is market worthy before you invest your time and energy into turning your [hobby into a business](#).

Once you've done the research and decided to pursue your business venture, the next step in the process is to create a legal business entity and register it with your state. While there are a dozen business types available, one that has tax favorability, lower paperwork, and flexibility built-in is the LLC. If 'legaleze' isn't your strong suit there are services available to help you dot the i's and cross the t's and you can be on your way to launching a [Florida LLC](#) in less time (and with less money) than you might think.

It is a trifecta for the ages: hobbies, friends, and extra money in your pocket. These hobbies and tips can provide you with a great outlet for creative fulfillment and fun, all while enjoying your friends and being kind to your budget.

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